

Worthing Outreach Program Summary: November 2, 2005

The lesson today consisted of a discussion of this semester's project. The plan is to study the food choices at lunch in Worthing High School. There will be an assessment as to how healthy a choice the students have and whether they are healthy themselves or not.

One of the main questions concerning the project is why is it desirous that one eat healthy? Another inquiry discussed is whether healthy choices at home at night and on the weekends enough to offset unhealthy choices in school.

When embarking on a research project, the first thing one must do is an extensive literary search. Not only will it shed more light on the subject, but it will also reveal whether or not the project has been done before.

The remaining time was used to do Google searches for simple answers to the above research questions.