# Packing List

#### Clothes

#### Recommended Essentials

- □ Jeans/Trousers
- □ Shirts/T-shirts
- □ Shorts/Pajamas
- ☐ Undergarments (A week's worth)
- □ Towels, Napkins
- □ Formals
- ☐ Handkerchiefs, Socks
- □ Shoes/Floaters (Most types except Formal leather shoes, and Heels (for females) are inexpensive in US)
- □ Drawstring/Naada for salwaars/pajaamas
- □ Raincoat/Umbrella (Rains year-round in Houston)
- □ Traditional

## Optional

- □ Accessories: Belt, Jewelry, Wrist-watch
- ☐ Bedsheet(s), pillow covers (RGA/RVA have full size beds: 54 in. x 75 in.)
- □ Swim-wear
- $\square$  Sweater(s) for winters
- $\square$  Jacket(s)

#### Food

Ready to eat food to last a couple of days after you arrive. Double check US CBP website for restricted food items. For e.g., Rice, Jeera (whole Cumin seeds) are NOT allowed. However, most powdered spices are allowed. You will get most

Indian foods and spices at Fiesta Mart or stores in Hillcroft.

#### Utensils

RGA/RVA do not provide utensils for kitchens. Get flat-bottomed cooking vessels as most apartments (including RGA/RVA) have flat, electric stove-tops.

- □ Pressure cooker (2 L or 3 L. A large cooker takes relatively more time to cook, the same amount of food, as compared to a smaller cooker.)
- □ Gaskets/valves
- $\hfill\Box$  Fry pan, Non-stick flat-pan tawa
- ☐ Knives (good knives could be expensive in US)
- □ Bowls, Plates, Spoons, Forks
- □ Storage boxes
- □ Rolling pin (Belan)/Chakla
- $\hfill\Box$  Tumblers/Bottles

## Personal Care

## Recommended Essentials

- ☐ Antiperspirant/Deodorant (Only up to 100 ml allowed in carry on luggage)
- ☐ Toilet Paper (To last at least a week)
- ☐ Toothbrush, Toothpaste
- $\hfill\Box$  Soap, Face-wash

### Optional

- ☐ Shampoo, Conditioner, Hairoil, Comb
- □ Nail-cutter
- ☐ As applicable (Razors, Shaving-kit, Sanitary napkins)

#### Medicine

Medicines can be expensive in US. Get a sufficient supply of prescription medicines, if you need, and carry the latest prescription while traveling. Getting some over-the-counter medicines could also be useful.

- □ Ibuprofen (painkiller)
- □ Paracetamol (painkiller + antipyretic)
- □ Could, cough, allergy medicines
- $\square$  Mini First-aid kit (Bandages, Antiseptic)
- $\square$  Spare spectacles (These could be **very** expensive in US)

## **Electronics**

- ☐ Pin converter(s) (and universal extension board recommended)
- □ Laptop
- ☐ Mobile (Some GSM carriers in US may not support old mobiles.)
- $\hfill\Box$  Hard disk drive with relevant software
- $\hfill\Box$ Flash drive
- □ LAN cable (optional)
- $\hfill\Box$  Headphones/earphones w/mic
- □ Camera (optional)

## Office Supplies

Paper, pens are inexpensive in US, unless you have strong preferences. Other individual stationery items could be relatively expensive.

- $\square$  Scissors
- □ Tape/Glue/Feviquik
- $\hfill\Box$  Stapler (and pins)
- □ Folders/Envelopes

### Miscellaneous

- □ Small backpack
- □ Sewing kit (thread, buttons, pins)
- ☐ Safety pins, clips, rubber bands
- ☐ Spare set of clothes in carry on luggage

### **Documents**

- □ Passport
- □ I-20/DS-2019
- ☐ Financial documents (as applicable)
- □ Letter of admission
- □ Flight tickets
- ☐ Insurance documents
- □ College/school certificates
- ☐ Few photocopies of passport and Visa
- $\hfill\Box$  Few visa and passport size photos
- ☐ Physical address book of important contacts in US and India)
- $\hfill \square$  Medical history file

### Other Stuff

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